

Brazoria County Surgery Center Pre-operative Instructions

1. For your safety, please do not eat, drink, smoke or chew tobacco after midnight the night before your surgery. (This includes gum, candy, mints, cough drops, coffee, water, etc.) Your surgery may be cancelled if you do so.
2. Any medication that you normally take in the morning for your heart, blood pressure, seizures or thyroid should be taken with a **small sip** of water the morning of your procedure. Do not take any other medications unless instructed by your nurse or surgeon.

4. Please shower with soap and water the night before **and** the morning of your procedure to help minimize the risk of infection.
5. Leave all of your valuables at home. This includes removing all jewelry and body piercings.
6. Wear comfortable, loose fitting clothing with flat shoes.
7. Do not wear nail polish, makeup or hair ornaments. You will be asked to remove **all clothing including undergarments**. You will be asked to remove dentures, partials, contact lenses, etc. These items cannot be worn into the operating room.
8. Please do not bring ill friends or family members to the surgery center. It is also not recommended that you bring small children to the surgery center.
9. A mature, responsible adult must stay with you at the surgery center at all times. If you have received any type of sedation for your procedure, you must have someone drive you home otherwise your procedure will be cancelled.
10. For you safety, if you receive any sedation for your procedure, you must have a ride home. Your procedure will be cancelled if this has not been arranged.
11. After you have been prepared for surgery, you may have one visitor at a time in the pre-op area. It is not recommended that you bring children to the surgery center as they are not permitted in the clinical area.
12. Please do not bring ill friends or family members to the surgery center.
13. If you have any change in your physical condition such as a cold, fever, sore throat, diarrhea, vomiting, etc. please call your doctor's office to inform him/her of your condition. If your condition changes the morning of your procedure, you can call the surgery center.

Feel free to call us if you have any additional questions and thank you for your cooperation. 979-848-5900